AQUATHON

Swim & Run Race

11th SWIM & RUN FUN RACE!

Sunday, JANUARY 26th 2020

ENTRY FEE: 900B/Person includes lunch, medal & t-shirt!!

St. Andrews High School Campus, Ekkamai

LETS ASIA

Directions to St Andrews School:

St. Andrews High School Campus is on the even side of Sukhumvit Road, in between Gateway shopping mall and the golf driving range on soi 42/1, near BTS Ekkamai. We suggest either taking a taxi or the BTS, as there is no space available for cars by the school. The nearest car park available would be at the Gateway shopping mall. Thank you for understanding.

***Registration at 8:30 (Please use your reference number)**

Registration & warm-up at 8:30 am. First race; please come by the **pool at 9.15 am**.

***Races at 9:30 (Race format will be posted on the wall).**

***Lunch at 11.30** Buffet style lunch is included for all race participants or **150B extra** for those not racing. You can eat as soon as the food is ready! Please help yourselves. You must reserve this in advance.

***Awards at 13.00** Mini awards ceremony at around 13.00. All participants will receive a finisher medal. 1st, 2nd, 3rd place will be announced at the end and posted on our Facebook page. We will also give a trophy to the best family. We hope to finish this event by 13.30.

Children's age	Distances (running is approx.)
A. 3-4 years old	25m Swim and Run 300 m
B. 5-6 years old	50m Swim and Run 600 m
C. 7-8 years old	75m Swim and Run 900 m
D. Adult Beginner Race	75m Swim and Run 900 m
E. 9-10 years old	150m Swim and Run 1500 m
F. 11-12 yrs. & Mummy Race	225m Swim and Run 1800 m
G. 13+ & Daddy Race	300m Swim and Run 2,100 m

Things to remember: Sun cream & trainers!

*** Swimming costume, running shoes, goggles, sun cream, sun hat, towel, etc.

Phone Number: 02 258 8085, **063-584-6845 (LINE:letsasia)**

E-mail: info@letsasia.com website: www.letsasia.com

Race Participant	Boy / Girl	Age	Race A-G	Fast or slow? (Race times)	Entry fee	Extra lunch	Total
	Boy / Girl				900B	150B	
	Boy / Girl				900B	150B	
	Boy / Girl				900B	150B	
	Boy / Girl				900B	150B	

VOLUNTEERS - YES or NO …… please circle.

(Can we have one parent or sensible child as a volunteer – time keeper, flag distributor, directing runners)

Any Medical Conditions? _____

Parent's Names: _____ Email Address: _____

Mobile mum: _____ Mobile dad: _____

Signed:_____ Dated:_____ Total Fee: _____

The above information is confidential. All participants in any of the LETS ASIA activities do so at their own risk. LETS ASIA and its affiliates assume no liability for injury, or illness for any reason whatsoever. You also agree for us to use photos or videos that we take during this event, which we may post on our Facebook page. It's likely we will use the company WEL-KIDS who take professional photos, where you can purchase on their website with a given code.